

---

Jane Fonda, Sharon Stone And Alfre Woodard Share A Potent Message

26/05/2016



Jane Fonda, Sharon Stone and Alfre Woodard have been in the Hollywood spotlight for decades, but they say it's only now, after age 50, that they're having the time of their lives.

The three actresses are the covergirls on [AARP Magazine](#)'s June/July 2016 issue available today.

"If you'd told me when I was 20 or 30 that I'd be happier at 70, I would have said to you, 'You're out of your mind,'" Fonda, 78, told [AARP](#).

It was a sentiment echoed by both Woodard and Stone, who agree that just being alive is an exciting thing — no matter your chronological age.

"It's that, 'you're only as old as you feel,'" Woodard, 63, said. "Age is what you decide you want it to be. I am still in motion here."

All three actresses have found long-lasting fame and career success, a rarity for older women in Hollywood. Fonda is currently starring in the hit Netflix series "[Grace and Frankie](#)," while Woodard and Stone both have films in the works.

Stone, 58, says it's all thanks to a renewed perspective that's come with age.

"I think it's just getting comfortable in your self," Stone said.

Speaking of which — Woodard says not only has she embraced aging, she's wearing it with pride.

"I don't want to put an expiration date on showing my jiggly legs at the beach, or say, 'I'm over 50. I shouldn't

wear this.” Woodard said. “No, this is my 63-year-old butt, and I am free and happy. It has earned its freedom!”

We couldn’t have put it better ourselves.

Head over to AARP to read the [full interview](#) in the latest issue of the AARP Magazine.

---