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Nepal Earthquake: Man Rescued After 80 Hours in Collapsed Building With 3 Bodies

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Rishi Khanal was pulled out of the debris of an apartment block on Tuesday in a five-hour rescue operation by a Nepali-French search team on Tuesday.

Mr Khanal had no access to food or water during his ordeal, which began on Saturday afternoon when a 7.9 magnitude earthquake hit Nepal, killing at least 5,000 people.

"He was stuck to a door and could not move. He had nothing to drink or eat. He had no choice but to drink his own urine," said his friend.

"It seems he survived by sheer willpower," said Akhilesh Shrestha, a doctor who treated him.

Mr Khanal had been on the second floor of a seven-storey building when the earthquake struck. The top floors were intact and the teams drilled down to him after he shouted for help and responded to questions in Nepali.

Doctors think he may have a broken leg.

Sunita Sitoula's rescue after 50 hours wedged between two slabs in the debris of a five-story building is also nothing short of a miracle. She has now taken shelter at a local school with her husband and two sons who managed to escape unhurt.

"It feels like I have come into a different world," said Sunita, after members of the Indian National Disaster Response Force (NDRF) pulled her out.

"We got the information that a lady is stuck between two slabs. There is some cavity and she is alive," said NDRF officer Kulish Anand.

Hundreds of people are still trapped under tonnes of debris in the Kathmandu Valley and the worst-affected remote mountainous areas, as rescue workers are desperately searching for survivors of the Saturday's earthquake.

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