

Donald Trump: One Day in the White House

18/12/2017



Three journalists of the *New York Times* detailed, on Monday, one day in President Donald Trump's life in the White House.

Their names are: Maggie Haberman, Glenn Thrush, and Peter Baker.

According to them, the President wakes up at 5:30am and turns on the TV to watch the news on *CNN*. Afterwards, he tunes in to the program *Fox* & *Friends* and looks for ideas to write his messages.

He sometimes watches *MSNBC*'s *Morning Joe* because its opposite approach stirs him up.

In his assistants' view, Trump sometimes tweets with energy or angrily in the comfort provided by the cushions and besides, he makes official and private calls in pajamas.

The 2016 elections as well as the allegedly interference of Russia has become an obsession to the President.

His closer advisers confirm Trump spends 8 hours daily watching news channels,

with no sounds, immersed in their wars and eager to fighting back.

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In this context, Republican Senator from South Caroline Lindsey Graham highlighted that "he feels there are people trying to undermine the fact he was elected president and the accusations of complicity are groundless."

Grahman, who has spent more time with the president than even lawmakers, revealed: "I truly believe the liberal left-wing and the media are focused on destroying him, but we should find that midpoint between being a fighter and being a president."

Haberman, Thrush, and Baker state in their article that some politicians and experts regret such instability and, even though they are not physicians, they publicly recognized Trump has mental issues.

They say he is less popular than any of his predecessors —only 32% of the people approve his administration.

Jared Kushner, his son-in-law and adviser, has confessed to his associates that Trump, 71, will never change and foresees he will not modify the job at his discretion.

Other people say that Trump calls one of his assistants, John Kelly, even twelve times a day to ask him about his schedule or just talk about politics.

In Trump's mind, this method gives him time to think.

And this is another sign of his mental instability.

The White House advisers believe Kelly is a sort of key confident and a wise counselor who told the President that he approved all his statements on some reporters whose goal is to undermine the government.

Several people in Washington, and outside it, seem to be convinced that there is a strategy behind Trump's actions. But, in fact, there is no plan beyond self-defense and obsession.

The *Times* journalists point out that Donald Trump shares his leisure time with those close to him, cleaning and assistance staff.

In the meantime, he only needs to press a button to ask for a Coca Cola, which he drinks a dozen on daily basis.

There you have one day of the President of the United States in the White House.

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