

United States: Is its happiness declining?

23/03/2017



A comment from the Miami Daily asked on Monday about it: Are Americans less happy?

And then it wrote that, although it seems a sarcasm to many, UN celebrated again “The International Day of Happiness” on Monday.

Theoretical reason? In recognition to the key role that such a feeling plays in the life of people all over the world.

This commemoration was instituted on June 28th, 2012, by the United Nations General Assembly, sponsored by the Kingdom of Bhutan.

In addition, also in the theoretical level and with inevitable diplomatic language, to recognize the importance of its inclusion in official policies.

Even those who think and act like that acknowledge that studying happiness may seem rather frivolous.

However, remarks Miami Daily, “for years renowned academics have been requesting more testing on people’s emotional well-being, especially in the United States”.

In 2013, the National Academy of Sciences of that country suggested that its federal statistics

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and surveys, focused on income, spending, health and housing, begin to ask questions on happiness.

A new UN report shows that a number of Americans are “increasingly sad”, and “it takes more than just money to be happy”.

According to an Associated Press (AP) study, the average income of many Americans rose over the past decade, “but their happiness is falling”.

U.S. ranks 14th in the latest ranking, down #13 in the previous year.

The investigation approaches 155 territories, while economists began ranking countries five years ago.

What are they mainly based on?

Gross Domestic Product (GDP) per capita, life expectancy and four factors from global surveys.

Those polled gave scores from 1 to 10 on how much social support they receive if something goes wrong, their freedom to make life choices, perceived government and corporate corruption and how generous they are.

The long scientific survey was carried out by Happiness Research Institute, headquartered in Copenhagen, Denmark.

Another of its comments also draw people’s attention, “most of these countries are happier or try to be, unlike United States where this perception “dropped 5 percent over the past decade”.

The report closed with the following note:

The United Nations invite all people of all ages, as well as schools, businesses, and governments to celebrate the International Day of Happiness.

**Translated by Jorge Mesa Benjamin / Cubasi Translation Staff**

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